

My Home Support Manual

Follow these easy steps to set up your Home Caregiver Assistant with Amazon Alexa





1. Set Up Your Echo Dot



Amazon Alexa 4+
AMZN Mobile LLC

#8 in Lifestyle
★★★★★ 4.5, 79.1K Ratings

Free

1. Download Alexa app in your mobile device's app store.
2. Open the Alexa app .
3. Sign-in creating an Amazon account.
4. Go to the corner settings menu .
5. Select **Add Device**.
6. Select Amazon Echo, and then Echo Dot.
7. Plug in your device.
8. Follow the instructions to set up your device.

2. Set Up The Skill



My Home Support


by CM Global Solutions

Rated: [Guidance Suggested](#)

☆☆☆☆☆ 0

Free to Enable

"Alexa, open My Home Support"

1. Say "Alexa, enable My Home Support skill." Alexa will welcome you.
2. Go to the Alexa app home screen, click **Manage** on the skill card.
3. Check all checkboxes permissions, click **Save Permissions**.
4. Click **Settings**.
5. Click **Link Account**.
6. Click **Continue with Login with Amazon**.
7. Enter email, password, click **Sign-In**.
8. Click **Allow** and **Done**.
9. Go to the corner settings menu .
10. Select **Routines**.
11. Click **+** at the right top corner.
12. Select **Enter routine name**
13. Type "hello", click **Next**.
14. Select **When this happens**.
15. Click **Voice** icon.
16. Type "hello", click **Next**.
17. Select **"Add Action"**.
18. Click **Skills** and select **Your Skills**.
19. Select **My Home Support**, click **Next**.
20. Click **Save**.

3. Open The Skill

1. Say “Alexa, hello” to the device.
2. You could say anytime “Stop” to leave the skill.
3. Follow the instructions from the device for any of the next 4 scenarios:

A. Remind me

Say, remind me <name> <type>

- Create your own reminders. Say, “remind me to walk” or “remind me to take my medication”.

Enter amount (Optional)

- Say, “<quantity> <type>” like “10 steps” or “1 milligram”.

Enter note (Optional)

- Say, “add note <note>”.

Enter time (as duration, specific date & time, or as a recurrence)

- Say, “tomorrow at 8 AM” or “in 5 minutes” or “every day at 8 AM”.

B. Ask for next reminder

Say, what is next

- Say, “what is next” to find out your next reminder.

Say, when is my next <name>

- Say, “when is my next appointment” or “when do I have to walk” or “when do I have to take my medication” to find out the time for a specific reminder.

C. Record or Completed

Say, record my <name> <type>

- To specify what you have completed or want to leave a message, say, “record my walk” or “record my appointment, or “record my medication”.

Enter amount (Optional)

- Say, “<quantity> <type>” like “10 steps” or “1 milligram”.

Enter note (Optional)

- Say, “add note <note>”.

D. Sent from Caregiver App

Check-ins

- Respond with “Yes/No”, “Good/Fair/Poor” or a range number between “0-to-10”.
- Optional, add a note. Say “add note <note>”.

Reminders

- First, you have to approve each scheduled reminder so they can be created in Alexa.
- If the reminder is overdue, respond if you have completed it.